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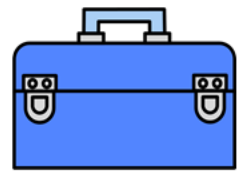
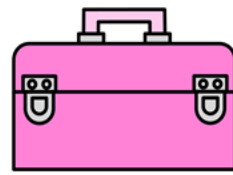
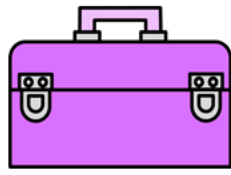
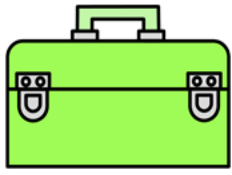
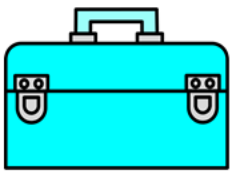


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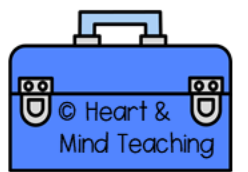
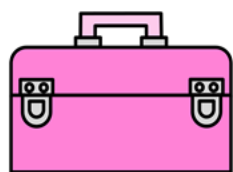
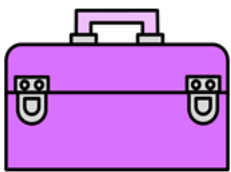
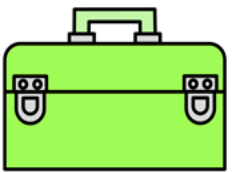
If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

♥
Ashley

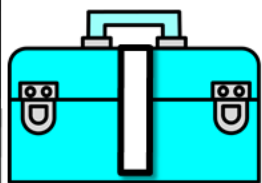


BEHAVIOR TOOLBOX

Day Dreamer



BEHAVIOR TOOLBOX



Day Dreamer

What it looks like

*Student is frequently observed looking out the window, staring off into space, and just sitting around.

*He/she is typically a quiet student who does not appear to be in tune with what is going on in the classroom.

*This student is likely an underachiever who tries to look like they are working, but is not.

*He/she is often seen doodling, drawing, or humming a tune.

*Student does not engage or participate in the classroom discussions, activities, or group work.

*He/she does not turn in assignments, may ask for help with assignments that everyone else has already finished.

*This student is not worried about the outcome of their behavior, he/she may not even realize it is a problem.

*He/she rarely volunteers to do something.

∴ *Student has low self-esteem.

Day Dreamer

BEHAVIOR TOOLBOX



Day Dreamer

What to do

*Speak to the parents regarding your concerns. Ensure the student is getting a proper (nutritional) breakfast before they come to school, it is very hard to focus if you are hungry. Ensure the student is going to bed at a proper hour. Keep in mind there may be something going on at home and it may be easier to cope with by escaping to a daydream.

*Due to this students low self-esteem, they anticipate not doing well on things and therefore stop trying. Escaping to that daydream is easier for them than dealing with reality.

*Differentiate this students instruction, have them complete every other question on the assignment instead of the entire page. Praise them when finished. Slowly raise your expectations task by task and day by day.

*Set short easy to achieve goals so the student can feel success. Conference with the student and work together to create these short-term goals with rewards that are meaningful to the student. Get them to show some effort, then positively reinforce that effort with praise.

*Ensure the classroom environment is one that is welcoming and open to participation. If other students in the classroom laugh or make comments when someone gives a wrong answer in class, this student will not feel comfortable participating.

*Get this student moving! When you see them in their dream world, get them to do something physical. They can pass out some papers, help clean up an activity area, or work the activity into the lesson plan and get the whole class involved. For example, if you are teaching a lesson on the life cycle of a frog, have the class do a frog jump.

*Ask the dreamer a direct question using their name to get them out of their trance. For example, "Bobby, what did you think about the character being mean to his friend in the story?". Make sure you are not asking something that you know the student will not be able to answer which will lead to embarrassment and further their need for escape to dreamland.



Day Dreamer

BEHAVIOR TOOLBOX



Day Dreamer

What NOT to do

*Do not overly push to get this students attention, this can backfire and make the student feel worse about themselves.

*Do not point out this students inattention to the rest of the class or make fun of them for dreaming.

*Do not force this student to work with others.

*Do not do anything that would discourage this student from trying, such as pointing out failures. The main goal is to get this student to feel comfortable enough to try and to show them that he/she is capable of success.

*Do not ask this student why they are always daydreaming, they do not know. Instead, say that you noticed they have not been able to focus on the task and ask them what they can do about it.

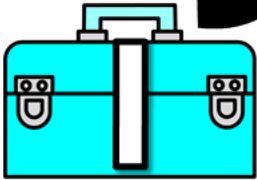
*Do not issue ultimatums or threats, this will reinforce the need to escape to their dream world. Do not use extra work as a punisher for this behavior.

*Do not neglect to involve a school counselor if you feel there are larger focusing problems at work.

Day Dreamer

BEHAVIOR TOOLBOX

Day Dreamer Quick Guide



what it looks like

*This student may not even realize it is a problem.

*Student has low self-esteem.

*Student is frequently observed looking out the window, staring off into space, and just sitting around.

*He/she is typically a quiet student who does not appear to be in tune with what is going on in the classroom.

*This student is likely an underachiever who tries to look like they are working, but is not.

*He/she is often seen doodling, drawing, or humming.

*Student does not engage or participate.



what to do

*Speak to the parents regarding your concerns. Ensure the student is getting a proper (nutritional) breakfast before they come to school, it is very hard to focus

if you are hungry. Ensure the student is going to bed at a proper hour. Keep in mind there may be something going on at home and it may be easier to cope with by escaping to a daydream.

*Due to this student's low self-esteem, they anticipate not doing well on things and therefore stop trying. Escaping to that day dream is easier for them than dealing with reality.

*Differentiate this student's instruction, have them complete every other question on the assignment instead of the entire page. Praise them when finished. Slowly raise your expectations task by task and day by day.

*Set short easy to achieve goals so the student can feel success. Conference with the student and work together to create these short-term goals with rewards that are meaningful to the student. Get them to show some effort, then positively reinforce that effort with praise.

*Ensure the classroom environment is one that is welcoming and open to participation.

*Get this student moving! When you see them in their dream world, get them to do something physical.



what NOT to do

*Do not overly push to get this student's attention.

*Do not point out this student's inattention to the rest of the class or make fun of them for dreaming.

*Do not force this student to work with others.

*Do not do anything that would discourage this student from trying, such as pointing out failures.

*Do not issue ultimatums or threats.



Day Dreamer

What to do (Cont.)

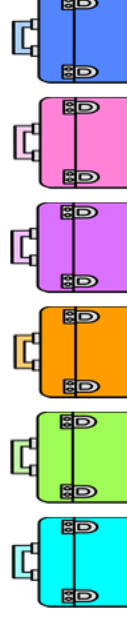
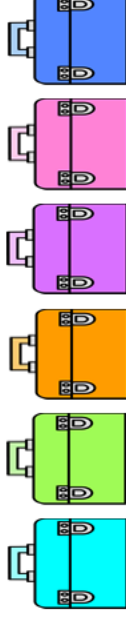
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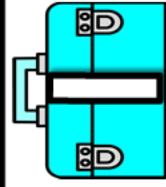
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"A change in
behavior
begins with a
change in
the heart."

BEHAVIOR TOOLBOX

Day Dreamer

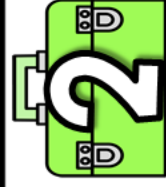




Day Dreamer

What it looks like

- *Student is frequently observed looking out the window, staring off into space, and just sitting around.
- *He/she is typically a quiet student who does not appear to be in tune with what is going on in the classroom.
- *This student is likely an underachiever who tries to look like they are working, but is not.
- *He/she is often seen doodling, drawing, or humming a tune.
- *Student does not engage or participate in the classroom discussions, activities, or group work.
- *He/she does not turn in assignments, may ask for help with assignments that everyone else has already finished.
- *This student is not worried about the outcome of their behavior, he/she may not even realize it is a problem.
- *He/she rarely volunteers to do something.
- *Student has low self-esteem.



Day Dreamer

What to do

- *Speak to the parents regarding your concerns. Ensure the student is getting a proper (nutritional) breakfast before they come to school, it is very hard to focus if you are hungry. Ensure the student is going to bed at a proper hour. Keep in mind there may be something going on at home and it may be easier to cope with by escaping to a daydream.
- *Due to this student's low self-esteem, they anticipate not doing well on things and therefore stop trying. Escaping to that daydream is easier for them than dealing with reality.
- *Differentiate this student's instruction, have them complete every other question on the assignment instead of the entire page. Praise them when finished. Slowly raise your expectations task by task and day by day.
- *Set short easy to achieve goals so the student can feel success. Conference with the student and work together to create these short-term goals with rewards that are meaningful to the student. Get them to show some effort, then positively reinforce that effort with praise.
- *Ensure the classroom environment is one that is welcoming and open to participation. If other students in the classroom laugh or make comments when someone gives a wrong answer in class, this student will not feel comfortable participating.

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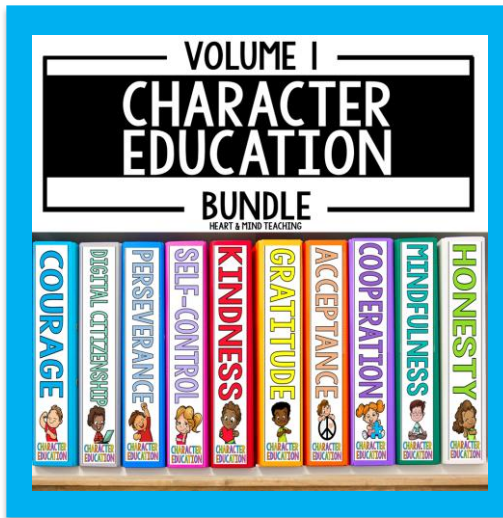
Day Dreamer

What NOT to do

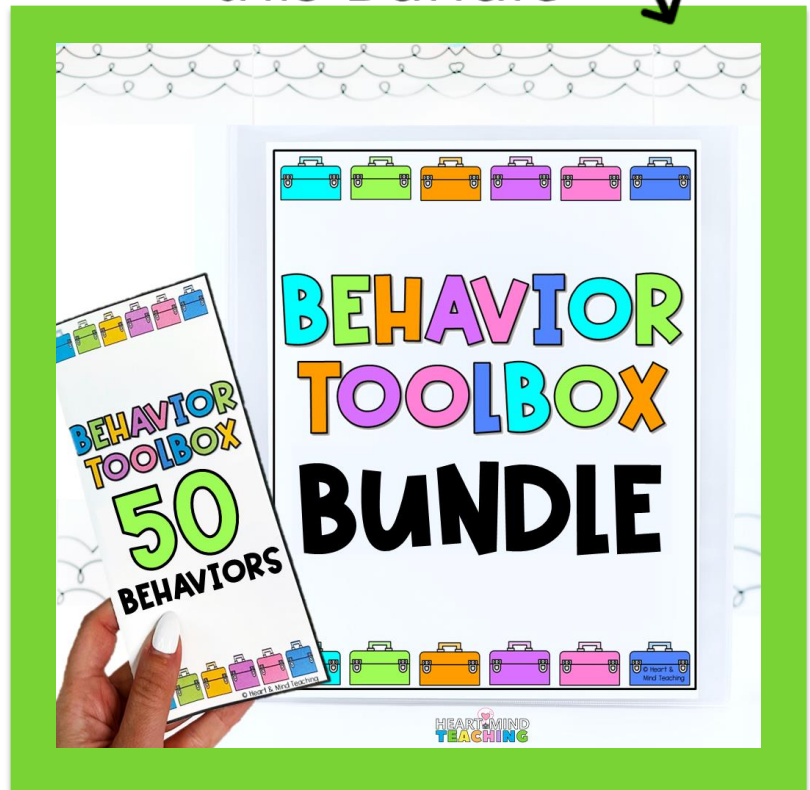
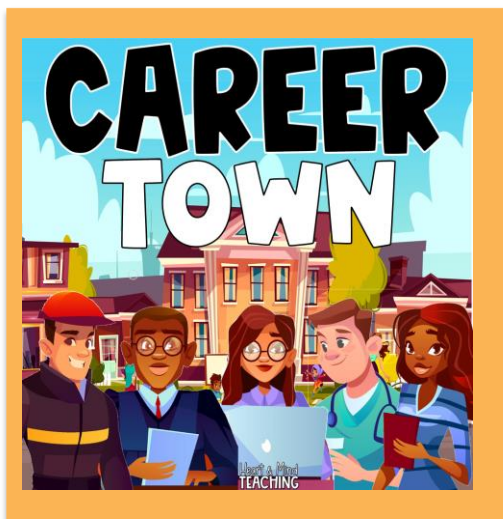
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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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